

Youth Flag Football Fall 2010



Practice



- Centennial Park is available anytime from now until season begins
- Lights will be on until 9:00 PM during the week
- During season-practice scheduling at Centennial Park must go through Andrea (andrea.lawson@cityofconway.org)

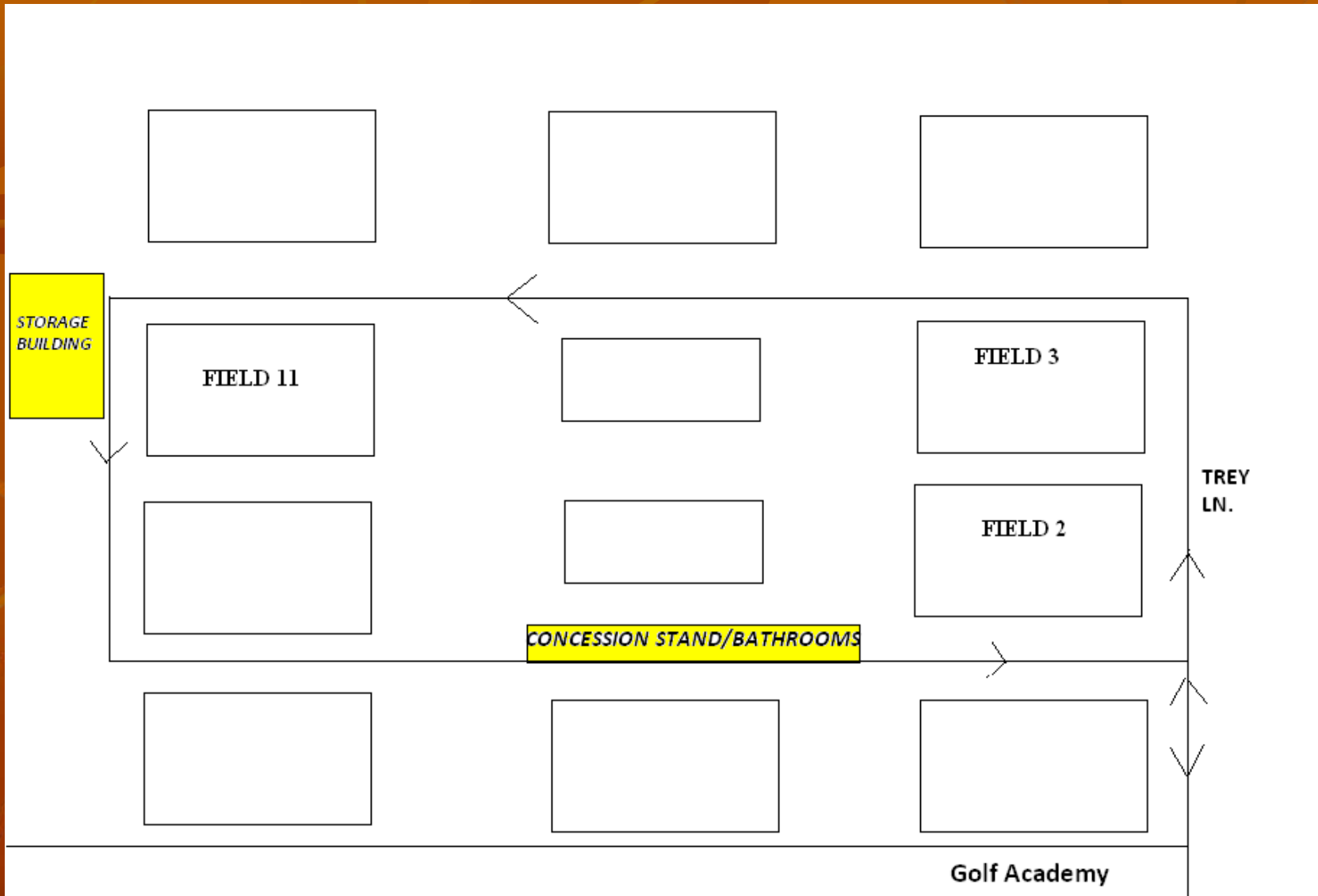


Game Days



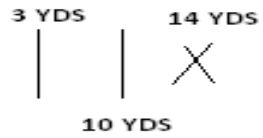
- Mondays, Tuesdays, Thursdays
- 2 games per week
- 6:00, 7:00, 8:00
- Fields 2, 3, and 11
- Jason will be at the park during games

Centennial Park Layout



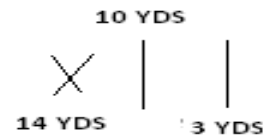
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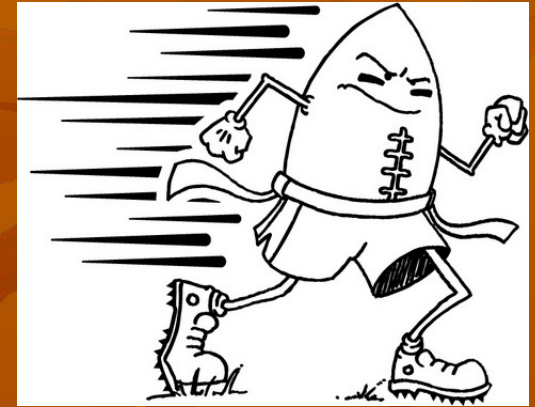
Scoring



- Touchdown=6 points
- Extra points:
 - 1 point-3 yard line
 - 2 points-10 yard line
 - 3 points-20 yard line

Uniforms/Equipment

- Shirts will be provided
- Shirts must be tucked in
- No pockets on shorts
- Cleats are recommended, not required
- Spikes are not allowed, molded cleats only
- Mouth guards are recommended, not required
- No jewelry
- No knots in flag belts
- Wilson GST K-2 PeeWee Football



General Rules

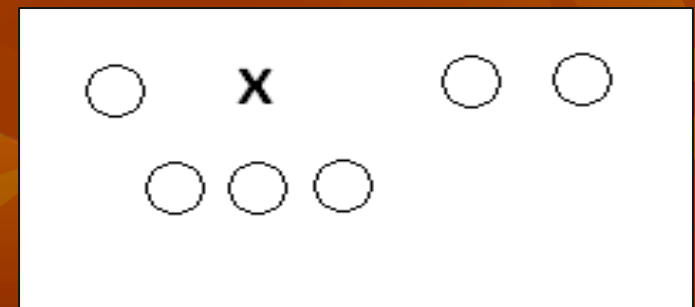
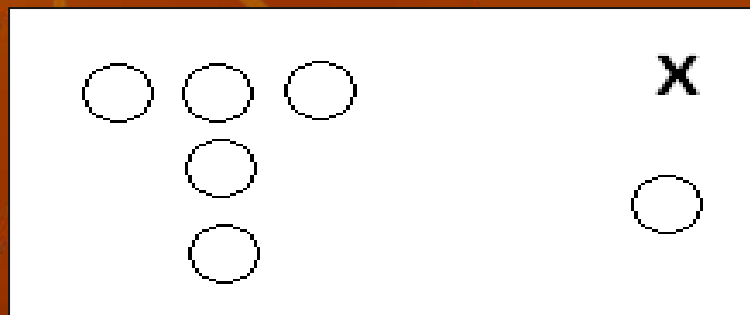
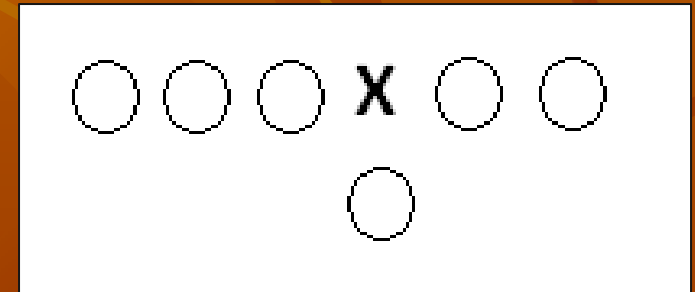
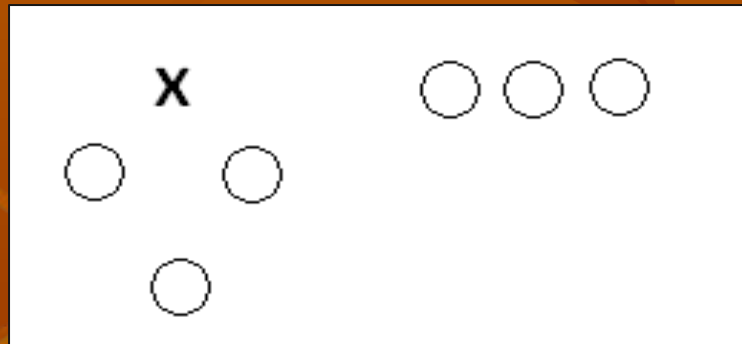
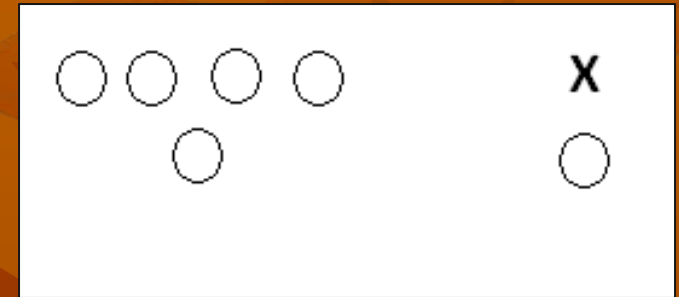
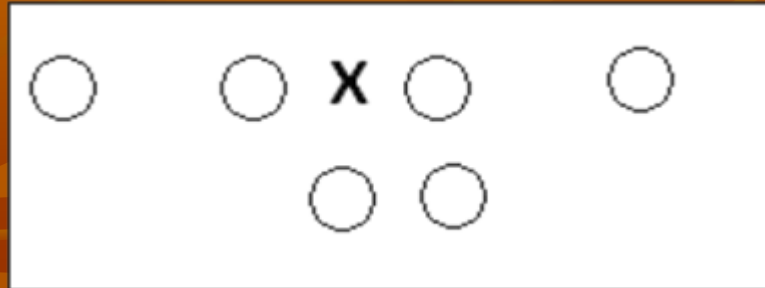


- 20 minute halves with a running clock; 5 minute halftime; 2 minute warning during second half
- 2 timeouts per half
- 7 on 7 (Must have 5 players to start the game)
- 4 players must be on the line of scrimmage at all times
- No fumbles or kick-offs
- Coin toss will determine possession
- Every player **MUST** have a **STARTING** position.

Overview of Rules

- Punting options:
 - Elect to punt
 - Elect to receive 20 yards from line of scrimmage
 - Muff punts are dead at the spot
- Snapping the ball options:
 - Under center
 - Shotgun
 - Side toss

Sample Formations



Playoffs

- 1st & 2nd Grade: Super Bowl between top 2 seeds
- 3rd & 4th Grade: Super Bowl between top 2 seeds



Awards

- Players on the 1st and 2nd place teams in each division will receive trophies



Pictures

- Legends Sports Photography will take team and individual pictures
- Pictures will be taken on August 3rd and 5th

Website and Contact Information

- www.conwayparks.com
- Parks & Rec Offices: 450-6186
- Rainout line: 513-3591
- Clint: clint.brock@cityofconway.org
- Jason: jason.fleming@cityofconway.org
- Andrea: andrea.lawson@cityofconway.org





Questions????

